

## Coaching Skills for Managers

Increasingly, organizations are utilising managers and leaders who use coaching knowledge, approaches and skills to create awareness and support behaviour change. Managers and leaders are adding coaching skills to their skillset in order to support employees at all levels in growing their skills, enhancing their value and reaching their professional goals. You can learn the essential coaching skills for leaders and managers by attending our 1 day Coaching Skills for Managers course.

It is for the following people:

- Team Leaders and Managers
- Executives
- Anyone with an interest in coaching to enhance personal or team development

### Learning Outcomes

During the day we will cover:

- What Coaching Is (and isn't)
- Types of Coaching
- Essential Coaching Skills
- How to Ask Powerful Questions

You will also apply this knowledge to real peer coaching sessions supervised by International Coaching Federation (ICF) accredited coaches and feedback will be provided. You will leave the course with real world knowledge and experience to enhance your coaching skills as a manager or leader.

### Delivery

Our 1 day course runs from 8:30am to 4:30pm with a 60 minute break for lunch. You be provided with some pre-reading before the course, and we provide all training materials and follow up support. This is a practical course, and this means that after covering the theory in the first half of the day you will participate in supervised coaching sessions as you put your new skills into action.

All of our trainers are International Coaching Federation (ICF) certified and have been selected for their experience and ability to teach.

## Course Fees

Contact us for the current course fees. Payment must be made before attending the course. Course costs include:

- All study materials
- Course work and follow up support
- Morning break, lunch and afternoon break food and drinks

This course can also be run as an internal course for just your team members. Contact us at [info@crystal.consulting](mailto:info@crystal.consulting) to discuss the pricing for this.